

## 3 steps to success with clariti® 1 day multifocal

**Step 1:** Start with a new refraction and verification of sensory eye dominance (fogging technique). Convert to spherical equivalent (SE) CL Rx allowing for vertex distance if necessary.

**Step 2:** Lens selection – modify spherical equivalent (SE) prescription as indicated to select initial trial lens

		Spectacle add +0.75 to +1.75	Spectacle add +2.00 to +2.25	Spectacle add +2.50 and over
		LOW		LOW/HIGH
<b>Myopes Emmetropes</b>	Dominant Eye	SE	SE	SE +0.25D LOW
	Non-dominant Eye	SE	SE +0.50D	SE +0.25D HIGH
<b>Hyperopes</b>	Dominant Eye	SE	SE +0.25D	SE +0.25D LOW
	Non-dominant Eye	SE +0.25D	SE +0.25D	SE +0.25D HIGH

SE = Spherical Equivalent    LOW = Low add    HIGH = High add

**Step 3:** Allow patients to adapt to lenses for 15 minutes before assessing VA in binocular conditions

- To improve distance VA add +/-0.25D to the dominant eye
- To improve near VA add +0.25D to the non-dominant eye

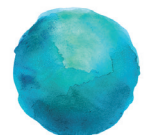
### Example of initial lens selection:

Spectacle prescription, with right eye dominant

RE +3.00D                      LE +3.00D  
Add +1.75

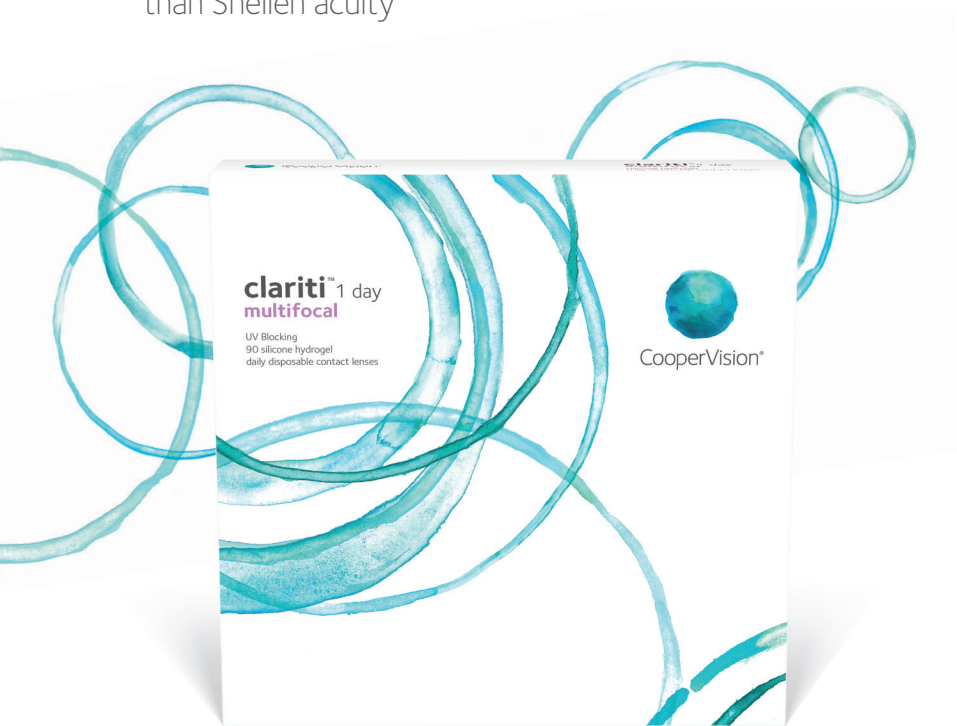
### Initial trial lens selection

RE +3.00D LOW              LE +3.25D LOW



### Clinical tips

- Assess vision in good illumination and with real life scenarios common to wearer e.g. computer, mobile phone, driving distances, etc.
- Do not use phoropter or trial frame when assessing/improving vision. Use handheld trial lenses without occlusion.
- Subjective quality of vision is usually more important than Snellen acuity



clariti® 1 day multifocal product specifications	
Material	somofilcon A
Water content	56%
Base curve	8.6 mm
Diameter	14.1 mm
Sphere power range	+5.00D to -6.00D (0.25D steps)
Power Additions	LOW: spec add up to +2.25D HIGH: spec add +2.50D and over
Center thickness (@ -3.00D)	0.07 mm
Dk	60
Dk/t (@ -3.00D)	86
Modulus	0.5 MPa
UV filter* inhibitor	Yes
Pack size	30-pack / 90-pack 10-pack trial
Lens design	Center-near sphere

\*Warning: UV-absorbing contact lenses are not substitutes for protective UV-absorbing eyewear, such as UV-absorbing goggles or sunglasses, because they do not completely cover the eye and surrounding area. Patients should continue to use UV-absorbing eyewear as directed.

